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## EDUCATION

- 2015–2018 Undergraduate Diploma in Art and Design, with a specialisation in **Contemporary Art Practice**, *Srishti Institute of Art, Design and Technology, Bangalore*
- Awarded a Certificate of Commendation for Final Thesis Project, '**Essentially Normal Studies**' Courses undertaken: *Everyday Life as Art Practice, Text as Art, Root and Unroot: Self Narratives, Decoding Art Practice, The Art of Failure, Illustration and Communication, Illustration for Children; Workshops – Photography: Light as Narrative, Assemblage/ Collage; Liberal arts: Film studies/ Ma er of Style, Cinephelia, Research Topics in Art and Culture*
- 2011–2013 Two years of Undergraduate in Liberal Arts at Sarah Lawrence College, New York, concentrating in **Anthropology and Visual Arts** Courses undertaken: *Poetry of the Earth, Anthropology of Kinship, Anthropology of Photography, Cinema and Society in the Middle East, African Art History, Personal Narratives, Silkscreen Printmaking, Monotype, FYS in Visual Arts*

## INTERNSHIPS

- 2009 **Dastkar Ranthambore**, *Ranthambore: Research and Documentation; Interviewing and photographing communities and craftsmen, documenting craft processes, family backgrounds, social dynamics, personal views and aspirations of the communities*
- 2017 **Hanno: Heritage Interpretation & Design**, *Bangalore: Content writing and editing for Hanno's website and projects, creating print collateral from artworks*

## EXHIBITIONS

- SOLO
- 2018 **Essentially Normal Studies**, Gallery Sumukha, Bangalore
- 2012 **Hopping on a Moonshadow**, The Atrium, Alliance Francaise de Bangalore, Bangalore
- GROUP
- 2019 **Essentially Normal Studies / The Wait Time Project**, Cubbon Park Metro Station, Bangalore
- 2018 **Essentially Normal Studies** Srishti Institute of Art, Design and Technology, Bangalore
- 2017 **Curious Journals / Odds and Ends**, Gallery Ske, Bangalore
- 2017 **Wistfully we Swim/ Decoding Art Practice**, CEMA Gallery, Bangalore
- 2015 **Box of Lost Dreams at The Shop of Dreams**, Square Ruth Café and Srishti Institute of Art, Design and Technology, Bangalore
- 2008 **The Puzzle Project**, The Wall–The Gallery at Willesden Green Library Centre, London

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## SOCIAL PRACTICE THROUGH ART

- 2019 **Participated in The Bandli Project:** a social impact initiative where artists were each given a Bandli – A metal plate carried by Indian women labourers to mix concrete at construction sites – and asked to create an interpreted art piece from this. These were bid on auction at The French Consulate in Bangalore towards NGO led educational projects for women and children in precarious situations in Bangalore.
- 2019 **Founder and Facilitator of Hanno Terrace studio:** A therapeutic and collective art space and open studio, set up to facilitate art as a medium of expression, release and therapeutic outlet for children and adults from different ages /backgrounds. Facilitated weekly individual studio sessions and monthly community based group workshops.
- 2018 **Keynote speaker at MYOPAIN India 2018: ‘Art, Invisibility and Disability: a Fibromyalgia Patient’s Perspective’**, presenting research, advocacy and artwork from a 9 month thesis project ‘Essentially Normally Studies’ at MYOPAIN 2018 – an international medical conference organized by the Indian MYOPAIN Society (a chapter of the International Myopain Society), attended by global medical and healthcare professionals, Bangalore

## WORKSHOPS

- 2019 Workshops conceptualized and conducted around Dialogical Art, Relational Aesthetics and Exploring Art as a Therapeutic tool for adults and children:
- Unravelling the Unseen:** Discovering Dialogue and Play through Art
  - Coloured Palates:** A Meditative Tasting Experience through Silence and Watercolours
  - Mindfulness through Wash and Colour:** Exploratory Watercolour Sundays
  - Art as Healing and Outlet:** Exploring Art as a Therapeutic Tool
  - Dreaming and Discovering the Surreal:** Whispered Colours of Nature
- 2012 **Creative Thinking: Exploring the Surreal**, for 7–10 year olds as part of Arts Westchester, Free Arts Day Program. Bronxville, New York

## RESEARCH AND WRITING

- 2011–2018 **Papers and Presentations**
- Pressures of Beauty and Appearance: Women’s Identity struggle within a Changing China • Recovered Innocence: Representation of children in Iranian Cinema • Environments of Forest and City in the Ramayana and Mahabharata; with reference to Shakespeare’s “As you Like It” and “Midsummers Nights Dream” • Exploring the ‘Wistful’, on Memory, Longing and Nostalgia*
- 2011–2018 **Selected Essays**
- Critical Response Papers: African Art History; Postcolonialism, Authenticity and Tourist Art; Art as Creation; Contemporary Politics and Art, South Africa; Masquerades and Art Objects; Global Africa – Across the Atlantic • Critical Response Paper: Film Studies: Artistic Practice and Ethical Considerations*

Awards : Inlaks Fine Art awardee 2020, Inlaks Shivdasani foundation